



# The Granby

A picturesque care home  
in the heart of Harrogate

brighterkind





## Welcome to The Granby.

We're here to make life easier,  
more settled and altogether better.

brighterkind is our approach to care.  
It focuses on understanding what  
quality of life means for everyone here,  
and then provides the right experiences  
to help them live their life to the fullest.  
These experiences are built from our  
specialist approach to quality care,  
recreation and activities, and food  
and dining.

By taking the time to understand  
you, we will provide the informed care  
that turns a move to our home into a  
welcome change for the better.







## Our home

Situated on the edge of The Stray, Harrogate's historic parkland, The Granby is based within easy reach of the town's shops, tearooms, restaurants and amenities. This impressive, eighteenth-century former hotel – which offers a library, a cinema and a beautiful Crystal Ballroom – has been decorated with both sophisticated style and optimum comfort in mind. We offer residential and nursing care, and think carefully about the type of room each resident needs.

Surrounded by green gardens and peaceful lawn, it is the perfect place for residents who enjoy relaxing outdoors.

## OUR FACILITIES

- Residential and nursing care suites
- Many rooms are en-suite
- Double rooms are available for couples
- Flat-screen TVs in lounge rooms
- DVD players
- Large bath and shower rooms
- Communal lounges including quiet lounge
- Lounge Bar
- Library
- Cinema room
- Crystal Ballroom
- Dining rooms
- Hairdressing salon
- Wi-Fi internet
- Three passenger lifts
- Front and back gardens
- Wellness Suite
- Cup & Saucer Cafe for families





## Quality care

We want every day at The Granby to be as good as it can be. It's why we deliver brighterkind care, based around a complete understanding of each resident's needs. This means we'll create the right environment to keep you well and happy. You'll decide how you want to live; we'll make sure you always feel valued and comfortable.

Whether you require residential or nursing care, our care is first rate: we provide the most up-to-date training for our carers, and support for our residents.

## How will I know what type of care is right for me?

When you arrive at The Granby, we'll sit down together to understand you, your life story and your needs. This includes any objectives you have, or specific health concerns. We'll then create a personal care plan together with you, your relatives and our carers.

## Our people

We're a diverse group, from different backgrounds and with different roles, but we all have something fundamental in common – every single one of us is passionate about care.

It's almost like a sixth sense: people who are always on hand to help, but with enough empathy to know when to leave you be; people who don't have favourites, and who are always busy creating the little moments of kindness that make a real difference to life here.

As well as our team of carers and nurses, we have a weekly GP surgery in each suite, so residents wishing to see the doctor can do so. We also have local dentists, opticians and chiropodists who provide services to residents at the home. For those in need of pampering, our beautician and hairdresser take appointments every week. And everyone gets stuck in together – whether to serve breakfast or help out with an activity.

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Residents are treated like VIPs from the moment they arrive.





## Our lovely home

We have recently undergone a full refurbishment designed to significantly improve the living environment for our residents and their families. Completed in January 2018, our stylish, modernised care home includes a refreshed and stylish reception area, bar area and dining room. Along with this there is a new café and a wellness spa as well as a superbly refurbished cinema for our residents to enjoy.

## A remodelled lounge

The Reception Lounge sits at the heart of The Granby. A place to gather and watch the world go by, or perhaps enjoy a pre-dinner drink from our new bar area, this space includes luxurious lounge seating, elegant soft furnishings and eye-catching artwork.

## Entirely redecorated beautiful bedrooms

Our range of five bedroom schemes offer an option for every taste – choose from traditional indigo, sophisticated pewter, homely amethyst, fresh green or teal and rose. Each bedroom is furnished with bespoke brighterkind furniture plus Sanderson fabrics and papers that create a luxurious, homely feel.









## The Cup and Saucer Café

Help yourself to a tempting selection of hot drinks, fresh cakes and snacks at this café bar for residents and guests. This bright and welcoming space is the perfect place to enjoy some refreshments at any time of day.

## The new Wellbeing Suite

With emphasis on the wellbeing of our residents we have created a fresh and tranquil space – a truly relaxing sanctuary. In addition, a newly-extended hair salon and refitted physiotherapy room will offer a range of treatments.

At brighterkind, we believe that each day is a new opportunity to make life feel brighter. Because we want every moment to be as enjoyable as it can be, we are committed to delivering personalised care, tailored to each resident's exact needs. Ranging from minimum care to full support, we work together to create a lifestyle that suits you, while putting your wellbeing at the heart of every day.

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brighterkind have made significant strides to create a real focus on the residents to 'Love Every Day', and the Magic Moments and Wishing Well programmes are inspirational.





## Our recreation and activities

A willingness to get involved and try new things is something we see time and again, once people are given the opportunity. We have dedicated Recreation and Activities Coordinators who oversee everything, but all our staff regularly brainstorm new ideas, too. And our residents vote on their suggestions at our monthly activity meetings, so we can be sure everyone's looking forward to something, every day.

Activities vary each week: from gardening and film club to exercise classes and pet therapy. And everything's flexible – if it's sunny we go for a walk along The Stray or go outside, so everyone can appreciate the best of the day.

We've built excellent links with the community, allowing residents to continue their lives outside the home with ease. Having our own transportation means we can take residents out to run errands or have days out at Ripley Castle and Follifoot to feed the horses.

We often have local entertainers, musicians, magicians and dancers performing at the home too.

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The dance floor fills up quickly at our monthly tea dance in the grand ballroom.









## Our food and drink

At The Granby, we love our food. We firmly believe that when you eat well, you live well too. This is a core part of our brighterkind philosophy of care, centring on good nutrition and the importance of mealtimes as a social occasion.

Each day our chef prepares restaurant-style meals combining variety with a balanced diet and an emphasis on locally sourced ingredients. And we can cater to any dietary or health requirements, however complex.

We have a large dining room that is beautifully decorated and always becomes a hub of conversation and laughter. Our mealtimes give even our more frail residents a chance to come together and socialise. Whether it's a Sunday roast or birthday buffet, we encourage our residents to make the most of living in a friendly environment.

Of course, when, where and who you eat with is entirely up to you. Friends and family can join you as often as you'd like (at a small charge) and our extras menu gives you the option to order snacks at any time of the day.

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Meal times are a highlight of every day.  
Our lovely dining room is full of character  
and charm.

## Here are some of the most popular questions people ask us as we show them round The Granby:

### Will I be able to bring my pet?

There are currently no pets in the home. However, it might be possible for you to bring a pet, but this would depend on the type of animal. You can discuss this with the Home Manager.

### Can I come and go as I please?

We want you to be as independent as you like. So this is something we'll chat about when we sit down together to draw up your care plan.

### When can people come and see me?

It goes without saying that we want your friends and relatives to visit, so they can come as often as they like on any day. No appointment is necessary.

### What will there be to do during the day?

That is completely up to you. Every day we have different activities, but you should spend your time exactly how you please. There's more about the type of things we do in the Recreation and Activities part of this brochure.

### How easy will it be to settle in?

It's completely natural to feel anxious about a big move. We encourage you to come along for a pre-stay visit so you can take part in an activity, meet other residents and have a meal. If you move in you can bring personal items and small pieces of furniture to make it feel more like home.

Please note: The photographs inside this booklet are of homes offering brighterkind care, however, not all are from this home. This document is available in large print, Braille and other languages if you require. Please contact us to request a copy.

This Care Home is registered and regulated by the Care Quality Commission.







To find out more or to arrange a visit please ask for our Home Manager.

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